

Mashed Sweet Potatoes



Ingredients:

10 Sweet Potatoes
10 tbsp Sour Cream
5 tbsp Butter
Reserved Potato cooking liquid
Salt/Pepper

Directions:

Peel and dice sweet potatoes into ½” pieces.
Place sweet potatoes in a large pot with enough salted water to cover by 2”.
Bring to a boil and cook until tender, 20-25 minutes.

RESERVE 1½ cup potato cooking liquid, then drain and return sweet potatoes to pot.
Mash sweet potatoes with sour cream, butter and a big pinch of salt until smooth, adding splashes of reserved potato cooking liquid as needed.
Taste and season with salt and pepper.