

## **Charred Green Beans**

**(Using salt for blanching)**

### **Ingredients:**

2 lbs green Beans, cleaned up but not cut  
Salt

### **Directions:**

Bring a pot of well salted water to a boil.  
Add beans.  
Boil until just bright green.  
Emerge into an ice bath.  
Just before serving, put beans in a basket and char over flame.  
Just enough to have some black and brown on parts of bean.  
Salt to taste.

Plate with Quail and Polenta